

## Sportstadion Drie Fonteinen te Vilvoorde

hamerslingeren Sen Men Time :14:18

Heat:1

1	3213	PIERRE Nicolas	84	CABW	59.54	13 Pnts
2	3141	MOREAUX Thibault	88	SMAC	52.2	11 Pnts
3	2057	Van Den Schoor Tim	85	ACHL	52.09	10 Pnts
4	7466	METENS Armand	67	BAEX	50.52	9 Pnts
5	2224	De Coster Tim	83	DCLA	49.2	8 Pnts
6	2381	Debacker Bart	83	FLAC	48.61	7 Pnts
7	6235	Gieghase Peter	66	VAC	46.14	6 Pnts
8	3132	POUSSEUR Pierre	81	DAMP	44.62	5 Pnts
9	6070	Buyle Hector	64	VOLH	31.22	4 Pnts
10	6256	Coomans Raf	72	DAC	28.82	3 Pnts
11	7314	BOUCHAT Michel	64	RFCL	27.94	2 Pnts
	1235	Picard Niels	90	RCG	NM	0 Pnts

400m horden Sen Men Time :14:07

Heat:1

1	1123	Rummens Tim	87	DCLA	55.87	10 Pnts
2	863	NAMUROIS Bertrand	91	RFCL	56.41	9 Pnts
3	616	AGAZZI Julian	91	CABW	57.59	7 Pnts
4	1236	Van De Steen Nicolas	86	RCG	58.96	4 Pnts
5	73	Cool Ranec	91	ACHL	61.85	2 Pnts
6	2637	DEMEURE Nathan	88	SMAC	65.99	1 Pnts

400m horden Sen Men Time :14:07

Heat:2

1	2218	Bultheel Michael	86	FLAC	51.42	13 Pnts
2	2085	Duerinck Nils	84	VAC	51.43	11 Pnts
3	1848	Vandecapelle Mattijs	89	DAC	57.09	8 Pnts
4	1295	De Caluwaert Cedric	89	VOLH	57.72	6 Pnts
5	634	LINS Sebastien	92	BAEX	58.24	5 Pnts
6	3198	BAYARD Jean Christophe	78	DAMP	59.65	3 Pnts

polsstokspringen Sen Men Time :16:53

Heat:1

1	1958	De Meyer Jonas	84	DCLA	5	13Pnts
2	2649	DARQUENNES Raphael	90	CABW	4.9	11Pnts
3	3015	GOURMET Francois	82	RFCL	4.9	10Pnts
4	3002	BOULANGER Olivier	78	DAMP	4.2	9Pnts
5	2902	DE WERGIFOSSE Benjamin	93	SMAC	4.2	8Pnts
6	1882	Verelst Wim	87	VOLH	4	7Pnts
7	2190	Destrijcker Lucas	89	DAC	4	6Pnts
8	1309	Raeymaekers Guy	76	ACHL	3.6	5Pnts
9	402	Neyt Ken	91	FLAC	3	4Pnts
	3027	XHONNEUX Frederic	83	BAEX	NM	0Pnts
	1604	Van Rompaey Tom	84	VAC	NM	0Pnts

hoogspringen Sen Men Time :15:37

Heat:1

1	2702	CHALON Xavier	88	DAMP	2.04	13Pnts
2	319	Beeldens Alexander	91	VOLH	1.98	11Pnts
3	3225	BRACONNIER Benoit	82	RFCL	1.95	10Pnts
4	77	Hanjoul Denis	91	DCLA	1.95	9Pnts
5	202	Daelemans Robin	92	VAC	1.85	8Pnts
6	2721	CARTON DELCOURT Bruno	88	CABW	1.8	7Pnts
7	2528	MARTIN Jerome	86	SMAC	1.8	6Pnts
8	396	Van Laere Ruben	91	DAC	1.8	5Pnts
9	740	CALUWE Arnaud	91	BAEX	1.75	3.5Pnts
9	958	Carly Jan	78	FLAC	1.75	3.5Pnts
11	1086	Wuyts Kris	76	ACHL	1.7	2Pnts

verspringen Sen Men Time :15:47

1	395	Vanmulder Jeroen	91	DAC	7.16	-0.9 13Pnts
2	721	LARUELLE Jeremy	91	SMAC	6.96	0.9 11Pnts
3	3015	GOURMET Francois	82	RFCL	6.94	0.1 10Pnts
4	2289	Sanctorum Maxim	93	FLAC	6.72	-0.7 9Pnts
5	3094	NAGA Djhed	88	BAEX	6.7	0.6 8Pnts
6	2087	Azzolini Jeremy	89	VAC	6.67	0.7 7Pnts
7	2378	Gaublomme Djoere	85	DCLA	6.62	0.5 6Pnts
8	2256	Van Waes Kevin	89	VOLH	6.54	0.6 5Pnts
9	363	Scheldeman Yestin	91	RCG	6.44	-1.1 4Pnts
10	641	THOMAS Nicolas	92	DAMP	6.39	-1.1 3Pnts
11	2123	Van Peer Robbert	83	ACHL	6.18	0.8 2Pnts
	7175	BRANLE Hugues	72	CABW	NM	0 0Pnts

kogelstoten Sen Men Time :15:01

1	3048	REVYN Richard	82	RFCL	15.96	13Pnts
2	2698	TOUSSAINT Daniel	85	DAMP	14.78	11Pnts
3	2197	Van Hamme Didier	83	RCG	14.14	10Pnts
4	2221	Beyens Stefan	87	ACHL	13.61	9Pnts
5	2412	Van Campenhout Jonas	85	DCLA	13.52	8Pnts
6	1684	Ivens Sven	86	VOLH	12.96	7Pnts
7	3213	PIERRE Nicolas	84	CABW	12.39	6Pnts
8	2530	SOLOT Jeremy	87	SMAC	12.23	5Pnts
9	5202	Bras Bart	70	DAC	11.24	4Pnts
10	6235	Gieghase Peter	66	VAC	11.05	3Pnts
11	2871	HOFFMAN Nils	86	BAEX	10.85	2Pnts
12	403	Neyt Nick	92	FLAC	9.46	1Pnts

speerwerpen Sen Men Time :16:21

Heat:1

1	1300	Gevers Bjorn	89	VOLH	61.21	13Pnts
2	2413	Lemaitre Loic	87	DCLA	57.6	11Pnts
3	2721	CARTON DELCOURT Bruno	88	CABW	53.02	10Pnts
4	396	Van Laere Ruben	91	DAC	52.72	9Pnts
5	2347	Jacobs Lode	83	FLAC	51.5	8Pnts
6	2883	MARTIN Patrick	89	RFCL	51.46	7Pnts
7	2530	SOLOT Jeremy	87	SMAC	50.54	6Pnts
8	1604	Van Rompaey Tom	84	VAC	48.34	5Pnts
9	473	Vanderheijden Mathias	92	ACHL	47.96	4Pnts
10	4083	Van Maldegem Luc	60	RCG	43.09	3Pnts
11	2869	DENYS Jonathan	90	BAEX	40.58	2Pnts
12	3197	LOUPPE Quentin	82	DAMP	38.82	1Pnts

100 meter Sen Men Time :14:37

Heat:1 Wind : 0.8

1	1960	Thys Ruben	85	DCLA	10.91	7Pnts
2	360	Buyens Pieter-Jan	91	RCG	10.99	6Pnts
3	175	De Moor Thomas	91	FLAC	11.22	4Pnts
4	49	Peeters Dries	91	DAC	11.68	3Pnts
	3217	BEROTE Jordane	90	SMAC	DIS	0Pnts
	3020	FERRO Anthony	80	CABW	DIS	0Pnts

100 meter Sen Men Time :14:37

Heat:2 Wind : 0.1

1	3036	BROOHAERTS Damien	83	BAEX	10.57	13Pnts
2	638	WATRIN Julien	92	DAMP	10.57	11Pnts
3	1408	Beyens Kristof	83	ACHL	10.8	10Pnts
4	2153	Verhoeven Wout	88	VAC	10.84	9Pnts
5	2882	LOUIS Jean Marie	86	RFCL	10.87	8Pnts
6	462	De Rycke Pieter	91	VOLH	11.08	5Pnts

800 meter Sen Men Time :14:53

Heat:1

1	1621	Matthys Thomas	85	VAC	01:53.9	13Pnts
2	2741	MARRION Geoffrey	78	CABW	01:54.4	11Pnts
3	1226	De Beule Matthias	88	RCG	01:54.7	10Pnts
4	301	Pluym Bert	91	DAC	01:55.1	9Pnts
5	1520	Verbiest Maarten	82	ACHL	01:55.9	8Pnts
6	2583	LINEL Jerome	86	DAMP	01:56.7	7Pnts
7	2907	FINTOLINI Dorian	93	RFCL	01:56.8	6Pnts
8	2772	MAINGAIN Francois	89	BAEX	01:57.1	5Pnts
9	1658	Gordts Joren	86	DCLA	01:58.4	4Pnts
10	2504	DIEUDONNE Nicolas	87	SMAC	02:01.9	3Pnts
11	1681	Abedi Kuma*	81	VOLH	02:05.7	2Pnts
12	2889	Vanhoucke Yngwie	93	FLAC	02:06.9	1Pnts

1500 meter Sen Men Time :15:16

1	1682	Nagaasa Abdi*	78	VOLH	03:57.2	13Pnts
2	962	Vandermarliere Koen	85	FLAC	03:58.7	11Pnts
3	276	De Bock Thomas	91	RCG	03:59.5	10Pnts
4	1314	Van Den Bossche Brian	89	ACHL	03:59.9	9Pnts
5	1113	Van Koolwijk Krijn	81	DCLA	04:00.2	8Pnts
6	1351	Van Assche Lukas	89	VAC	04:00.4	7Pnts
7	2714	CAELEN Florent	89	RFCL	04:00.7	6Pnts
8	2983	HUSTIN Valere	93	DAMP	04:00.7	5Pnts
9	2576	HERNOULD Franky	86	BAEX	04:03.9	4Pnts
10	2638	JACQUERIE Alexandre	88	SMAC	04:10.9	3Pnts
11	2915	BROGNIET Pierre	93	CABW	04:14.0	2Pnts
12	2397	Van Der Kelen Ward	94	DAC	04:19.0	1Pnts

200 meter Sen Men Time :15:19

Heat:1 Wind : 0.0

1	462	De Rycke Pieter	91	VOLH	21.82	9Pnts
2	2246	Verhelst Jens	88	VAC	21.87	8Pnts
3	360	Buyens Pieter-Jan	91	RCG	22.01	6Pnts
4	176	Hoet Jorg	92	FLAC	22.82	3Pnts
5	2773	Craessaerts Sam	94	DAC	23.96	2Pnts
6	2503	BAR Sebastien	85	SMAC	27.33	1Pnts

## 200 meter Sen Men Time :15:19

Heat:2 Wind : 0.0

1	638	WATRIN Julien	92	DAMP	21.3	13Pnts
2	1408	Beyens Kristof	83	ACHL	21.44	11Pnts
3	2948	GHISLAIN Arnaud	88	BAEX	21.46	10Pnts
4	2882	LOUIS Jean Marie	86	RFCL	21.91	7Pnts
5	1960	Thys Ruben	85	DCLA	22.04	5Pnts
6	3020	FERRO Anthony	80	CABW	22.15	4Pnts

## 3000 meter Sen Men Time :15:47

Heat:1

1	2027	Van Malderen Kristof	83	VAC	08:13.6	13Pnts
2	1111	Ruell Kim	87	DCLA	08:16.1	11Pnts
3	1098	Van Rooy Tom	82	ACHL	08:16.5	10Pnts
4	7204	GAHUNGU Vital*	69	RFCL	08:19.9	9Pnts
5	1557	Van Ham Andreas	90	DAC	08:24.7	8Pnts
6	2774	DEWITTE Sebastien	85	BAEX	08:37.5	7Pnts
7	2586	MAHIEU Justin	85	DAMP	08:39.5	6Pnts
8	1683	Girma Brhanu*	88	VOLH	08:49.4	5Pnts
9	1636	Van De Putte Cedric	90	RCG	08:50.7	4Pnts
10	716	PONCELET Valentin	91	CABW	08:51.7	3Pnts
11	2529	FLORIZOONE Thomas	88	SMAC	08:58.7	2Pnts
12	5621	Vandekerckhove Filiep	65	FLAC	09:54.7	1Pnts

## hinkstapspringen Sen Men Time :16:46

1	3255	SHAHBAZYAN Gagik*	93	RFCL	14.03	1.4 13Pnts
2	641	THOMAS Nicolas	92	DAMP	13.95	-0.4 11Pnts
3	2378	Gaublomme Djoere	85	DCLA	13.74	0.2 10Pnts
4	2993	STEINIER Antoine	90	CABW	13.49	0.5 9Pnts
5	3094	NAGA Djihed	88	BAEX	13.13	-1.2 8Pnts
6	1892	Cordeel Bert	83	ACHL	12.87	0.1 7Pnts
7	363	Scheldeman Yestin	91	RCG	12.71	-0.5 6Pnts
8	354	Carle Ludwig	91	FLAC	12.28	-0.3 5Pnts
9	2433	Loeckx Maarten	87	DAC	12.19	-1.2 4Pnts
10	2256	Van Waes Kevin	89	VOLH	12.17	1.7 3Pnts
11	2698	Vankeirsbilck Raphael	93	VAC	11.81	0.6 2Pnts
	721	LARUELLE Jeremy	91	SMAC	NM	0 0Pnts

## 110m horden Sen Men Time :16:02

Heat:1 Wind : 0.0

1	77	Hanjoul Denis	91	DCLA	15.05	9Pnts
2	1309	Raeymaekers Guy	76	ACHL	16.66	5Pnts
3	958	Carly Jan	78	FLAC	17.16	4Pnts
4	1686	Van Remoortere Jens	89	VOLH	17.52	3Pnts
5	3198	BAYARD Jean Christophe	78	DAMP	17.73	2Pnts
	2528	MARTIN Jerome	86	SMAC	DNS	0Pnts

## 110m horden Sen Men Time :16:02

Heat:2 Wind : 0.0

1	3036	BROOThAERTS Damien	83	BAEX	13.76	13Pnts
2	49	Peeters Dries	91	DAC	14.63	11Pnts
3	1238	Vermeulen Sander	88	RCG	14.81	10Pnts
4	2552	GOFFAUX Simon	89	CABW	15.4	8Pnts
5	202	Daelemans Robin	92	VAC	16.18	7Pnts
6	863	NAMUROIS Bertrand	91	RFCL	16.22	6Pnts

## discuswerpen Sen Men Time :17:07

## Heat:1

1	2197	Van Hamme Didier	83	RCG	47.68	13Pnts
2	1300	Gevers Bjorn	89	VOLH	46.2	11Pnts
3	2934	NPETTENG TCHATCHOUA Raoul	81	SMAC	46.04	10Pnts
4	3048	REVYN Richard	82	RFCL	43.17	9Pnts
5	2057	Van Den Schoor Tim	85	ACHL	40.18	8Pnts
6	2698	TOUSSAINT Daniel	85	DAMP	38.6	7Pnts
7	2919	SUSTELO Antonio	88	CABW	37.45	6Pnts
8	5202	Bras Bart	70	DAC	36.02	5Pnts
9	2126	Moons Hans	82	DCLA	35.71	4Pnts
10	2871	HOFFMAN Nils	86	BAEX	34.71	3Pnts
11	2403	Bal Steve	76	VAC	31.33	2Pnts
12	403	Neyt Nick	92	FLAC	29.66	1Pnts

## 400 meter Sen Men Time :16:17

## Heat:1

1	89	Vanattenhoven Matthias	92	DCLA	50.23	6Pnts
2	2585	THOMAS Florian	89	DAMP	50.68	5Pnts
3	2906	REGINSTER Michel	93	RFCL	51.27	4Pnts
4	3090	HOPCHET Alphandery	93	CABW	51.49	3Pnts
5	1301	Kluskens Stijn	88	VOLH	51.57	2Pnts
6	623	MIRGUET Guillaume	91	SMAC	55.62	1Pnts

## 400 meter Sen Men Time :16:17

## Heat:2

1	3040	DESTATTE Arnaud	88	BAEX	47.65	13Pnts
2	2139	Coley Pete*	81	ACHL	47.85	11Pnts
3	1224	Bervoets Michiel	85	RCG	48.59	10Pnts
4	2033	Devlieger Kirsten	84	FLAC	48.69	9Pnts
5	395	Vanmulder Jeroen	91	DAC	49.24	8Pnts
6	1728	Feyaerts Evert	86	VAC	49.45	7Pnts

## 5000 meter Sen Men Time :16:39

## Heat:1

1	1764	Tasama Faisa Dame*	87	VAC	14:35.0	13Pnts
2	1489	Abdi Bashir	89	RCG	14:40.9	11Pnts
3	2626	BARBIER Benjamin	82	CABW	14:45.5	10Pnts
4	1476	Basemans Michel*	87	DCLA	14:46.9	9Pnts
5	1679	Van Droogenbroeck Lander	83	DAC	14:49.8	8Pnts
6	2635	THERASSE Gwennael	81	SMAC	15:01.7	7Pnts
7	2642	BRANDENBOURG Michael	86	RFCL	15:17.5	6Pnts
8	2576	HERNOULD Franky	86	BAEX	15:18.1	5Pnts
9	2215	Houben Robby	82	VOLH	15:25.2	4Pnts
10	2582	GALERIN Denis	84	DAMP	15:29.6	3Pnts
11	1088	Lieckens Bart	77	ACHL	15:36.2	2Pnts
12	5249	Vanhaecke Filip	59	FLAC	16:27.3	1Pnts

## 3000m st. Sen Men Time :16:57

## Heat:1

1	962 Vandermarliere Koen	85	FLAC	09:21.3	13Pnts
2	1234 Mispion Bert	88	RCG	09:24.4	11Pnts
3	2861 DUPONT Francois	85	CABW	09:33.4	10Pnts
4	1657 Van Ophem Jeremy	84	DCLA	09:48.8	9Pnts
5	1101 Van Dyck Pieter	86	ACHL	09:50.6	8Pnts
6	2641 BRANDENBOURG Jean Michel	86	RFCL	10:10.6	7Pnts
7	673 DIJON Sylvain	91	SMAC	10:11.5	6Pnts
8	1688 Jongenelen Koen	89	VOLH	10:11.5	5Pnts
9	2701 ROBIN Arnaud	88	DAMP	10:12.3	4Pnts
10	1755 De Buyser Matthias	88	VAC	10:24.9	3Pnts
11	1553 Hoogwijs Bart	85	DAC	11:18.7	2Pnts
12	2772 MAINGAIN Francois	89	BAEX	12:05.8	1Pnts

## 4 x 100 meter Sen Men Time :17:35

## Heat:1

1			BAEX	42.03	11Pnts
	3010 MORAL Miguel	81			
	3259 DIALLO Oumar	94			
	2870 FASANYA Moshudi Tolu	90			
	3036 BROOThAERTS Damien	83			
2			RCG	42.33	10Pnts
	1238 Vermeulen Sander	88			
	363 Scheldeman Yestin	91			
	360 Buyens Pieter-Jan	91			
	2607 De Witte Brent	93			
3			CABW	42.60	8Pnts
	2718 HEYMANS Samuel	89			
	2992 GRANDJEAN Jonathan	88			
	2552 GOFFAUX Simon	89			
	3020 FERRO Anthony	80			
4			FLAC	43.44	6Pnts
	2289 Sanctorum Maxim	93			
	2014 Dekiere Bram	93			
	1356 Hoet Niels	88			
	175 De Moor Thomas	91			
5			DAC	43.58	5Pnts
	2773 Craessaerts Sam	94			
	301 Pluym Bert	91			
	49 Peeters Dries	91			
	395 Vanmulder Jeroen	91			

## 4 x 100 meter Sen Men Time :17:35

## Heat:2

1			RFCL	42.02	13Pnts
	3042 LETEMS Frederick	90			
	839 HOUNHANOU Ludovic	92			
	3015 GOURMET Francois	82			
	2882 LOUIS Jean Marie	86			
2			VAC	42.53	9Pnts
	2436 Van Mele Pieter	94			
	2087 Azzolini Jeremy	89			
	2246 Verhelst Jens	88			
	2153 Verhoeven Wout	88			

3			VOLH	43.05	7Pnts
	2409 Pauwels Tim	79			
	462 De Rycke Pieter	91			
	1294 Van Den Eeckhout Evert	90			
	1686 Van Remoortere Jens	89			
4			DCLA	43.97	4Pnts
	2783 Gray Christopher	93			
	2727 Luycx Bram	94			
	2126 Moons Hans	82			
	1960 Thys Ruben	85			
5			ACHL	44.45	3Pnts
	2123 Van Peer Robbert	83			
	345 Claessens Bart	92			
	1410 Wagemans Koen	84			
	1892 Cordeel Bert	83			
			DAMP	DIS	0Pnts
	2702 CHALON Xavier	88			
	2585 THOMAS Florian	89			
	3198 BAYARD Jean Christophe	78			
	638 WATRIN Julien	92			

4 x 400 meter Sen Men Time :17:56

Heat:1

1			BAEX	3:17.60	13Pnts
	3040 DESTATTE Arnaud	88			
	3041 DESTATTE Cedric	84			
	634 LINS Sebastien	92			
	2948 GHISLAIN Arnaud	88			
2			FLAC	3:19.06	10Pnts
	176 Hoet Jorg	92			
	1356 Hoet Niels	88			
	2033 Devlieger Kirsten	84			
	2218 Bultheel Michael	86			
3			RCG	3:19.50	9Pnts
	1981 De Bock Stefan	77			
	2124 Van Peteghem Thijs	89			
	1226 De Beule Matthias	88			
	1224 Bervoets Michiel	85			
4			CABW	3:28.80	5Pnts
	3090 HOPCHET Alphantery	93			
	2741 MARRION Geoffrey	78			
	616 AGAZZI Julian	91			
	2721 CARTON DELCOURT Bruno	88			
5			DAC	3:38.90	2Pnts
	5417 Bulens Peter	71			
	2773 Craessaerts Sam	94			
	1956 Vanmulder Robbe	88			
	396 Van Laere Ruben	91			
6			SMAC	3:41.73	1Pnts
	623 MIRGUET Guillaume	91			
	2529 FLORIZOONE Thomas	88			
	2638 JACQUERIE Alexandre	88			
	2504 DIEUDONNE Nicolas	87			

## 4 x 400 meter Sen Men Time :17:56

Heat:2

1		VAC	3:19.03	11Pnts
	1727 Feyaerts Matti	86		
	1621 Matthys Thomas	85		
	1728 Feyaerts Evert	86		
	2085 Duerinck Nils	84		
2		ACHL	3:21.82	8Pnts
	1410 Wagemans Koen	84		
	1520 Verbiest Maarten	82		
	1314 Van Den Bossche Brian	89		
	2139 Coley Pete*	81		
3		DCLA	3:23.36	7Pnts
	2265 Declercq Willem	88		
	2068 Abts Willem	87		
	1245 Windey Pieter	87		
	2224 De Coster Tim	83		
4		DAMP	3:26.34	6Pnts
	642 LEBLICQ Yannick	91		
	2983 HUSTIN Valere	93		
	2585 THOMAS Florian	89		
	2831 LAFFUT Michael	83		
5		RFCL	3:30.43	4Pnts
	2906 REGINSTER Michel	93		
	785 FRAINEUX Jerome	91		
	2907 FINTOLINI Dorian	93		
	863 NAMUROIS Bertrand	91		
6		VOLH	3:32.40	3Pnts
	1301 Kluskens Stijn	88		
	1295 De Caluwaert Cedric	89		
	148 De Roeck Polle	91		
	1883 Verelst Karel	89		