| | | Indoor | | | | | Outdoor | | | | | | | | | | | | |
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| **min dames** | 1ste jaar | 400m | 800m | 1000m | 1500m | mijl | 300m | 400m | 800m | 1000m | 1500m | mijl | 2000m | steeple | | | | | |
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| | | | | 3'43"37 Kathy | | | | | | 3'21"56 Eline | | | | | | | | | |
| | | | | 3'52"78 Brenda | | | | | | 3'36"41 Brenda | | | | | | | | | |
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| **Belgisch kampioenschap Veldlopen** | | | | | | | | | | | | | | | | | | | |
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